



Weld RE-3J

February
2023

Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Plain Long John Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	2 Breakfast Bowl Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	3 Mini Eggo Waffles Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
6 Cheesy Ham Melt Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	7 Breakfast Flatbread Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	8 Coffee Cake Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	9 Blueberry Breakfast Bark Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	10 Breakfast Burrito Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
13	14 Chocolate Banana Bread Overnight Oats Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	15 Plain Bagel Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	16 Bacon, Egg & Cheese on English Muffin Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	17
20 Presidents' Day No School	21 Breakfast Sandwich Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	22 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	23 Cinnamon Roll Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	24 Breakfast Banana Split Yogurt Parfait Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
27 UBR Breakfast Round Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	28 Chocolate Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk			

PRICES

Elementary Paid	\$2.20
Secondary Paid	\$2.45
Adult	\$3.10
Extra Milk	\$5.50

EXTRA INFO

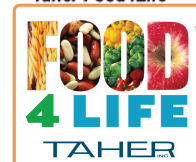
A choice of 1% white or chocolate milk is offered daily. For questions or concerns, please contact Matthew Wallwork, Food Service Director, at matthewwallwork@re3j.com.

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.